



Social Awareness

“Understand Others”

*BEING ABLE TO KNOW HOW SOMEONE FEELS AND
HELP THEM WITH WHAT THEY NEED*

Questions I ask myself:

- How do my words and actions make others feel?
- How can I tell what others are feeling?
- How can I change my behavior to help my friends with what they need?



Social Awareness

What I Do and Say:

- Think before I speak
- Talk to others to understand how they feel
- Notice how people look when they are happy or sad
- “How are you feeling?”
- “Is something bothering you?”

What I Don't Do and Say:

- Judge others without knowing them
- Not pay attention to what others need or how they feel
- “I don't care.”

